Northwood Wild Boar with Stichill Herb Salad & Bouvrage Vinaigrette



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Serves 2

Ingredients:

30 ml (2 tbsp) Black & Gold rapeseed oil 1 heaped tsp wholegrain mustard 2 x 150g Northwood Wild Boar steaks Freshly milled salt and pepper 1 onion, peeled and sliced 100g Stichill cheese, cubed Seasonal leaves and herbs for salad

For dressing

1 dessert spoon rapeseed oil 2 dessert spoons Bouvrage A dash of white wine vinegar Agenerous twist of black pepper

Method:

- 1. Place the oil and mustard in a bowl and add steaks and onions. Mix together.
- 2. Pre heat dry frying pan then add oiled meat to seal.
- 3. Sear steaks for 4minutes on one side then turn over. Add onions to pan and cook for another 4minutes to sear undersides and sauté onion. Season and rest in a warm place for at least 5 minutes before serving.
- 4. To prepare salad, rinse and dry leaves and herbs. Cube the cheese and mix lightly together. Blend dressing ingredients together.

Serve steak with onion on 2 heated plates topped with salad and drizzle with dressing.

Serving suggestion – sauté potatoes and seasonal vegetables.